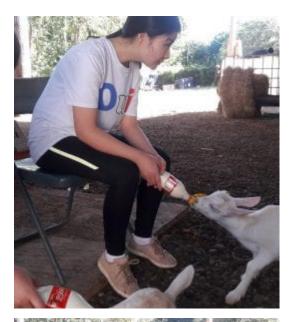
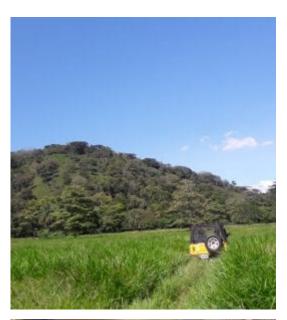
https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_bann er.png

Project overview









What's included:

- 24/7 support in case of emergencies

 $https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_bann~er.png$

- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

The Farming Volunteer placement offers you an authentic slice of Costa Rican life, and you will be involved in many aspects of traditional farming. Whilst this project is challenging (life as a farmer isn't always easy!) it is also incredibly rewarding, and you'll take home a wealth of knowledge about animal welfare and agriculture – as well as some great stories!

Daily Schedule

Your schedule is flexible, but you should prepare to be active for 3-8 hours. You will have lunch on the farm and can expect to be occupied from early in the morning until as late as 17:30, depending on what is needed at the time. Some days will be tough, while others will be relatively relaxed, and activity will depend on the season.

Evenings and Weekends

At the end of your day as a Farming Volunteer here in Costa Rica, your evenings and weekends are free to do as you wish. And there's plenty to do locally after your day of volunteering! However, many of our volunteers plan group outings together at the weekends, or simply hang back at the accommodation and get to know each other in the evenings.



https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_bann er.png

Places to Visit

Esparza and Puntarenas have plenty to offer for weekend activities, including horse riding, watersports (surf is huge), game fishing, canopy tours, hotels to suit all budgets, and some of the best scenery in the world. Puntarenas is also ideally suited to take a scenic ferry to the Nicoya Peninsula and its many secluded beaches. Further, Esparza is on the Panamerican Highway, so access to the rest of Costa Rica and the rest of the American continent is at your doorstep!

Please note: This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_bann er.png

APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	
Do you have any health p	roblems or allergies we	should know about?	

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)