



Cultural Introduction to Cape Verde

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Project overview





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What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

During your Cultural Introduction to Cape Verde, you will explore the Cape Verdean culture, studying the local language and enjoying all that the city of Tarrafal and surrounding areas have to offer. Through the week, you will join in traditional Cape Verdean music and activities and learn all about the people through culture trips, fishing trips, and even get to try your hand at making pottery!

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day to learn about your surroundings and local culture. However, don't hover over the word 'orientation'; this day will be as exciting as every other!

Orientation Day Schedule

- Welcome: Introduction to Cape Verdean traditions and culture; House rules, Code of Conduct and handling of documents,
- Basic Kriolu Lesson
- Visit local supermarkets and ATMs, and explore the surroundings of our centre.



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- Lunch
- Visit to Mar De President Beach and spend some time on the beach before returning back to the centre for dinner.

Weekly Schedule

Monday

- Breakfast
- Introduction to Cape Verdean traditions and culture.
- Basic Kriolu class to learn about the local language. This is critical because the majority of people speak Kriolu, Portuguese or French here. So it may come in handy if you know some of these languages.
- Visit to local supermarkets and ATMs, and explore the surroundings of our centre.
- Lunch at the centre.
- Visit to Mar De President Beach
- Dinner

Tuesday

- Breakfast
- Basic Kriolu class to continue your course.
- Museum, Tarrafal concentration camp, local Market.
- Lunch
- Visit to Ribera Das Prat.

Wednesday

- Breakfast
- Basic Kriolu class - spelling and grammar
- Visit to Traz di Munti to learn pottery. Learn pottery skills and explore your creative abilities.
- Lunch
- Lighthouse visit

Thursday

- Breakfast
- Basic Kriolu class - how to make sentences.



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- Visit to Project site for the following week.
Lunch
- Continue at project site till the afternoon.

Friday

- Breakfast, we will have our last
- Basic Kriolu classes – start making phrases
- Fishing trip with the local fishermen.
- Barbeque lunch
- Free time to relax and enjoy your surroundings

Transportation

From this location we do not provide free transport to other locations.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)