



# Sports Coach Volunteer in Ghana

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## **What's not included:**

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## **Project itinerary**

Sport is a shared passion that goes beyond language barriers, so you'll feel part of the team from day one! With good preparation and the confidence to instruct a small team of children, this really is a great opportunity for those looking to gain experience as a sports coach volunteer. And on top of that, you have the rewarding job of boosting the skills and confidence of the children you are working with!

## **Mandatory Orientation Day**

On the Monday of your first week at this location, you will join our orientation day to familiarise yourself with the surroundings, as well as local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

## **Orientation Day Schedule**

- Introduction meeting, House rules, Setting Expectations,
- Health and Safety Advice and handling of documents.
- Ghanaian Do's and Don'ts, Ghanaian Culture Lessons and
- Language Lessons.Tour around the local area
- Drive into Accra to visit the museum and craft market,
- Independence Square and Oxford street.
- Visit local shops and amenities.



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- Lunch
- Meet some of our academy athletes at our training centre, help with our after school programme or visit the community children we support with our programs.

## Weekly Schedule

### Monday

- Breakfast
- Introduction
- Lunch
- Introduction
- Dinner

### Tuesday to Friday

- Breakfast
- Sports Coaching
- Lunch
- Sports Coaching
- Dinner
- Free time

### Please note:

Cost of transport to locations is not included, but will usually be around £1.50 per day.

Actual schedules may vary depending upon the program you will be coaching, weather or unforeseen circumstances.

You can expect to spend 3 or more hours each day coaching.

There may also be matches on the weekends when your team is playing or other events that you may want to attend which are related to your sport.

## Evenings and Weekends

Your evenings and weekends are your own - unless you're hot-footing it to a match you're



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supporting your team at! Many of our volunteers enjoy mixing with their new friends through the week and travel further afield at the weekends.

## Places to Visit

Here are some of our favourite destinations in Ghana ...

- Cape Coast
- Lake Volta
- Elmina Castle
- Manhyia Palace
- National Museum of Ghana
- Kwame Nkrumah National Park
- Accra Mall
- Bojo Beach
- Aburi Botanical Gardens



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### APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)