



# Maasai Tribal Experience in Tanzania

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

You will arrive on Sunday and have time to get used to your surroundings before you embark on your Maasai Tribal Experience.

## Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day to get used to your surroundings, as well as the local culture. Your Maasai Tribal Experience programme will continue as usual from Tuesday onward throughout the rest of the week.

## Orientation Day Schedule (Monday)

- Welcome, introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Tanzanian and Maasai Do's and Don'ts, Culture introduction and country history and Intensive Swahili Language Lessons.
- Tour around the compound and local area
- Lunch
- Excursion to local area sites (may include a local crater or nature walk).
- Dinner



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## Weekly Schedule

### Tuesday

Today is all about grazing the livestock! You will join a Maasai warrior on his grazing activities through the bush. Be prepared for several hours of walking! During the dry season (June to October), the nearest river to the village gets completely dried up. Consequently, the villagers are forced to walk further or dig holes in order to get to the water for their livestock. So don't be surprised if you are invited to participate!

### Wednesday

In the morning, we will join the women of a boma in their traditional activities, and you'll be busy milking cows, as well as walking to the river with donkeys to fetch water, amongst other daily tasks.

After lunch, you will learn how to make gorgeous beaded Maasai jewellery - the kind that has made the Maasai such an emblematic and colourful tribe. Lastly, we will end the day with a cooking class led by one of our hosts. Pay close attention, as this will be your dinner!

### Thursday

Cattle gotta feed! Today is another day of grazing the livestock, and grazing days are filled with adventure as they involve long walks through the African bush.

### Friday

And we're off through the African wilderness once again! After a few hours of adventurous roaming, you will enjoy a picnic with a view of the valley.

In the evening, we will set up a bonfire where you will get the chance to hear legendary tales about the Maasai and other stories from the village. This is the part of the Maasai experience that many volunteers love most!

### Please note:

This schedule can change depending on weather conditions and unforeseen circumstances during your Maasai experience in Tanzania.



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## Places to Visit

At the end of this amazing experience, you might choose to explore further afield and get a taste for the wider must-sees of Tanzania! These are some of our favourite landmarks ...

### Ngorongoro Conservation Area

Expanding over plains, forests, and savannahs, you will find the world's largest crater here, where incredible wildlife coexists with the Maasai. This area is a must-see when in Tanzania.

### Tarangire National Park

Tarangire is famous for its population of elephants and the symbolic Baobab tree. During the dry season, you will find zebras, giraffes, buffaloes, elephants, wildebeests and more! While not as common, you might just find a lion here as well if you are lucky!

### Serengeti National Park

Serengeti is probably the most worldwide known National Park in the world. It is believed to hold the largest population of lions in the world! Aside from that, cheetahs, buffaloes, zebras, giraffes, rhinos, hippos live here. Make sure you allow yourself at least two days to visit and stay overnight in either a campsite or a lodge. Serengeti cannot be done in just one day!

### Arusha National Park and Mount Meru

This is the home of Mount Meru, the second largest peak in Tanzania after Kilimanjaro. While it is not the best place to spot wildlife compared to Ngorongoro or Serengeti, it is still the home of many species including giraffes, warthogs, Cape buffaloes, lions, elephants, flamingos and more! However, the main attractions here are the landscapes that line the park including the Momelia Lakes, which vary in colour due to algae and are made even brighter by many different species of birds who love to swim in the water!

### Lake Manyara National Park

During the wet season, pink flamingos brighten up the lake, which make it the go-to place for bird watchers. They do leave during the wet season, but Maasai Lions, Leopards, hippos, giraffes, zebras, elephants, blue monkeys, gazelles and cheetahs are here year-round!



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## Moshi and Mount Kilimanjaro

Moshi is about two and a half hours away from Monduli, easily reached from Monduli by taking a “dala dala” to Arusha and then another one to Moshi from there. This is a sleepy town with a Western vibe as it is the starting point of the Mount Kilimanjaro climb! On a clear day, you can get excellent views of the highest mountain in Africa (tip: head over to Moshi Train Station for a top-notch view).

## Kikuletwa Hot Springs

A lesser-known but still amazing attraction! Located between Arusha and Moshi are Kikuletwa Hot Springs. The water isn’t actually hot, but its temperature is perfect for swimming and relaxing. Known as an oasis, the water here is so blue that you have to see it to believe it! It is a favourite go-to place for locals and ex-pats alike, and there is even a rope you can use to dive into the water with style!

## Arusha

Arusha is one of the main cities of Tanzania and is easy to reach from Monduli in less than an hour and a half. From here, most safari companies depart to many of the national parks surrounding it, so it is your go-to place for wildlife! In Arusha, you find a myriad of things to do – from Maasai markets selling crafts to bring back home, to cinemas, shopping malls, Western food, and more!

## Hiking Around Monduli

Monduli is set amidst lush mountains that are a great opportunity for hiking off-the-beaten-path. There are numerous trails, one of which leads to a gorgeous waterfall. Speak to our coordinator to arrange, as the government needs to grant you permission (for a fee) to visit beyond certain spots in order to conserve the area.

## Iringa and Ruaha National Park

A great place to visit if you have the time after finishing our programme! Ruaha National Park is the largest National Park in Tanzania and boasts cheetahs, the second largest population of Leopards in Africa, buffalos, hippos, and more!



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## Zanzibar

Whilst a bit of a journey, it is possible to fly to Zanzibar for a weekend from Arusha airstrip, a small airport that operates domestic flights and is not too far from our centre! While here, don't miss Stone Town, a place that is emblematic for its mazes and spices (take a spice tour for sure!). Another must is a visit to Prison Island, where you can spot dolphins and marine life. Travel north or east of the island for some of the best and cleanest beaches in the world and enjoy the Indian Ocean at its best!



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)