



# Food Shop Volunteer in Ho Chi Minh Vietnam

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

Each day, you will enjoy breakfast at your accommodation before departing for the food shop! Once on-site, your activities will revolve around the smooth running of the premises. For example, this could involve cleaning the premises, preparing and cooking food and any other necessary tasks required. You'll be working with a group consisting of locals and volunteers, so you'll have plenty of chat about as you help out on this worthwhile project!

Please be advised that the Food Shop programme continues to function even when the NGO run facility is closed (including a month-long closure around the Tet Holiday). Food Shop volunteers will then prepare food on-site at our accommodation kitchen and those free meals will be distributed at a local hospital to patients and local workers.

## Mandatory Orientation Day

On the Monday of your first week as a volunteer here in Vietnam, you will join our orientation day, to familiarise yourself with the surroundings as well as local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

## Orientation Day Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.



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- Vietnamese Do's and Don'ts, Vietnamese Culture Lessons and Vietnamese Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Activities with local students and more

## Food Shop Volunteer - Schedule

### Monday to Friday

- Breakfast
- Depart for the food shop
- Assist in the preparation of food, working in the kitchen, cleaning the area and serving food, etc.
- Lunch at the food shop
- Head back to the accommodation
- Free time during the afternoon
- Dinner

### Evenings and Weekends

At the end of your day as a volunteer, you can choose to explore the area or simply relax with new friends back at your accommodation. Many of our volunteers enjoy mixing with their new volunteer friends or others, backpacking in Vietnam and plan their weekend adventures together!

**Please note:** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## Activities and Events

Football is arranged for volunteers every Wednesday together with the local coordinators.

## Places to Visit

Here are some interesting places to visit in your free time:



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## Backpacker street

Bui Vien Street is the main street, it is called 'backpackers area' of Ho Chi Minh City. You'll find a wide variety of inexpensive restaurants, here, as well as bars, souvenir shops and hotels/hostels.

## Landmark 81

Landmark 81 is the tallest building in Vietnam, Southeast Asia and is well worth the view!

## Bitexco tower

There is an observation deck, Saigon Skydeck, open to the public daily and offering 360° panoramic views of Ho Chi Minh City. From floors 50 to 52, there are further F&B and entertainment offerings, including a fine dining restaurant and bar/nightclub.

## Suoi Tien Amusement Park

Suối Tiên Amusement Park is a great place to visit in Hồ Chí Minh City. The park includes several entertainment areas - something to suit everyone!



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)