



Medical Volunteer in Sri Lanka

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Project overview



What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa



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Project itinerary

The normal working hours for each day are usually from 8:00 am until 1:30 pm. However, these could change if it is deemed necessary by the hospital routines. Further, your working schedule will be arranged by the hospital staff when you arrive to ensure that you gain the best possible experiences during your stay.

Importantly, don't worry about being thrown in at the deep end! Staff will be there to support you in your volunteering, and ensure that you are able to observe or engage at a level you're happy with!

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to familiarise yourself with the surroundings as well as the local culture.

Orientation Schedule

Monday

- Welcome, introduction to Sri Lanka and projects, House rules, Code of Conduct and handling of documents
- Sinhalese Language Lesson
- Cultural Lesson
- Kandy City Tour

A typical weekly schedule may look like this:

Tuesday to Friday

- Breakfast
- Medical Volunteer Programme
- Lunch
- Medical Volunteer Programme
- Dinner
- Free Time

Please note: This schedule can be changed and/or amended depending on weather conditions, local



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conditions and unforeseen circumstances.

Evenings and Weekends

After a day of medical volunteering, you can choose to explore the area or head further afield on the weekends. In fact, many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures as they go!

Places to Visit

You will want to plan your own journeys with friends whilst you are here! Therefore, we heartily recommend the Royal Botanical Gardens, Knuckles mountain range, Udawatta Kele Sanctuary, Hortons plains National Park - and don't miss taking a boat ride on Kandy Lake!



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)