



Teaching Volunteer at Buddhist Monasteries in Nepal

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Project overview



What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

Your days as a Teaching Volunteer in Nepal will be split between teaching English to the monks and helping at a local school. The actual schedule will be dependent on the monastery and local school's timetables during your stay but you would normally be expected to spend 1-2 hours teaching at the monastery and then move onto a local school where you would work for another 1-2 hours. Although you will only be teaching for around 4 hours a day, you will be expected to spend some time preparing for your lessons and activities.

You will arrive on Sunday and have plenty of time to relax and be refreshed ahead of your exciting week as a Teaching Volunteer project in Kathmandu!

Weekly Schedule

Monday to Friday

- Breakfast
- Volunteer teaching 2-3 hours
- Lunch
- Volunteer teaching 2-3 hours
- Dinner

Please note: This schedule can be changed depending on weather conditions and unforeseen



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circumstances.

Evenings and Weekends

At the end of your day as a volunteer teacher, you can choose to take part in other activities, from gardening to helping in the kitchen or reading in the library. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures together!

Places to Visit

If you are staying remotely, you will be able to explore Kathmandu on your return back to the valley. Thamel is a tourist hotspot, where shoppers can find Nepalese, Tibetan and Indian artefacts, wood carvings, handicraft and unique clothing. There are also several malls where you can find fashionable clothing and grocery stores offering everything from wine to breakfast cereals. And if dining out is your thing, you can have a dish from a different country every night, with a wide range of restaurants serving local and international dishes!



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)