



# Healthcare Medical Volunteer Ghana

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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Visit: <https://www.truexperiencetravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

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- Accommodation
- Airport Pick up
- Meals
- Orientation

## **What's not included:**

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## **Project itinerary**

### **ITINERARY**

#### **Mandatory Orientation Day**

On your first day, you'll take part in our orientation to learn about your surroundings, as well as local culture. In addition, you'll find out all about the coming days as a medical volunteer! Your program will continue as usual from Tuesday onward throughout the rest of the week.

#### **Orientation Day Schedule**

- Introduction meeting, House rules, Setting Expectations,
- Health and Safety Advice and handling of documents.
- Ghanaian Do's and Don'ts, Ghanaian Culture Lessons and
- Language Lessons. Tour around the local area
- Drive into Accra to visit the museum and craft market,
- Independence Square and Oxford street.
- Visit local shops and amenities.
- Lunch
- Meet some of our academy athletes at our training centre, help with our after school programme or visit the community children we support with our programs.



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## Weekly Schedule

### Monday

- Breakfast
- Introduction
- Lunch
- Introduction
- Dinner

### Tuesday to Friday

- Breakfast
- Healthcare Medical volunteering
- Lunch
- Healthcare Medical volunteering
- Dinner

### Please note:

The cost of transport to locations is not included, but will usually be around £1.50 per day.

This schedule can be changed depending on weather conditions and unforeseen circumstances.

## Evenings and Weekends

After a busy day, you can choose to explore the area or head further afield on the weekends. Many of our volunteers enjoy mixing with their new volunteer friends through the week and plan their weekend adventures as they go!

## Places to Visit

There's so much to see in Ghana - here are some of the destinations that we think you'll love!

- Cape Coast
- Lake Volta
- Elmina Castle
- Manhyia Palace



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- National Museum of Ghana
- Kwame Nkrumah National Park
- Accra Mall
- Bojo Beach
- Aburi Botanical Gardens



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)