



Trekking Week Cape Verde

https://www.truexperiencetravel.co.uk/wp-content/themes/tru-experience-travel/images/header_banner.png

Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.truexperiencetravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

Our Trekking Week in Cape Verde takes full advantage of all that this country has to offer, whilst ensuring that your safety is paramount. Our coordinators are always on hand, and have a wealth of inside knowledge about Cape Verde's history, culture and community. Oh - and don't forget to bring your hiking boots, a water bottle and sun cream - you're going to need them!

Monday

Northern Island of Santiago Trek

The adventure begins! Today, you will visit the green valleys of Santiago's Northern Island, and get to know the local community there. In addition, you will get a chance to visit a Local Rum production and enjoy a rum-tasting session!

Tuesday

Serra Malagueta to Mato Brasil Trek

With spectacular views of all part of Santiago North, you will walk from Serra Malagueta to Achada Lagoa and to Mato Brasil. This is a much-loved hiking track through breathtaking landscapes of mountains and lush greenery.



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Wednesday

Hiking with Lunch at Farmer's House

Walk with us in the mountains of Serra Malagueta and have lunch at an organic farm, served up by a local family who will share their stories of a Cape Verdean lifestyle ...and with a little luck, you will see monkeys along the route! (2h of hiking included)

Thursday

Trek the Gon-Gon - the "King-Track"

This is a stunning landscape and the hike has spectacular views en route. Be aware that this is an intermediate hike because of its duration and height difference.

We will start from a Nature Park of Serra Malagueta, go down to the Gon-gon valley, then up over a ridge and down into the valley of Principal until we reach the ocean. This is a hike not to be missed!

(Duration: About 6 h / Difficulty level: Level 4 (Accustomed hikers))

Friday

Mountain Cycling Trip

Today, we'll do things a little differently! Join us on a group cycle trip, as we discover the great natural surroundings around Tarrafal on wheels!

Please note: This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.



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APPLICATION FORM

| | | | |
|---|---------------|--|--|
| | | Booking ref: | |
| Fullname | | | |
| Nationality | | Passport number | |
| Age | Male Female | Date of birth | |
| e-mail address | | Phone number | |
| Flight Details | | Home address | |
| Contact person at home (In case of an emergency) | | Contact number (In case of an emergency) | |

Do you have any health problems or allergies we should know about?

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To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)