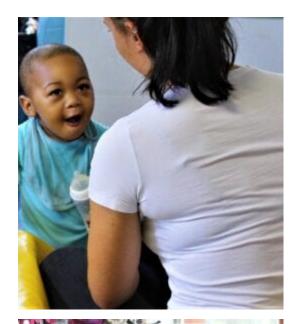
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Project overview









What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

You'll arrive on Sunday, and have a day to relax and settle into your new surroundings. Time zones are not too much of an issue here, with only a 2 hour difference between the UK and Cape Town.

Weekly Schedule

On the first day of your volunteering placement, you will meet the local staff you'll be working with and get a little introduction to the centre. Your normal hours of volunteering are from 08:00 - 17:00 pm.

- 06.00 am Breakfast at the volunteer accommodation
- 07.30 am Travel to the placement centre
- 8.00 am-12.00 pm Childcare volunteering
- 12.00 pm Lunch
- 13.00-15.00 pm Childcare volunteering
- 17.00 pm Return to accommodation
- 17.00-18.00 pm Dinner

Your day as a Childcare Volunteer will typically involve some of the following:

- Assist at the creche by changing nappies, feeding babies & interacting with babies
- Support staff with the facilitation of workshops with mothers



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- Assist with filing and other administrative work
- Engaging with mothers
- Help out at reception by answering the telephone when the receptionist is on lunch
- Helping children with homework
- Playing with older children after homework is completed

Evenings and Weekends

Once your day of childcare volunteering is over, you can choose to explore the Cape Town area or simply relax with your new-found friends back at your accommodation. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures as they go!

Places to Visit

Cape Town, the famous port city of South Africa, lies at the foot of Table Mountain. Even though a small city, Cape Town boasts of dynamic culture and nature. Here are some of our top must-sees!

- Table Mountains by arial Cable Car
- Drive to Chapman's Peak
- Victoria and Alfred Waterfront
- Boulders Beach Penguin Colony
- Cape Point Nature Reserve

Please note:

Cost of transport to project locations is not included, but will usually be around £1.50 per day. Additional excursions to sightseeing areas must be arranged separately and are not included in the programme.

This schedule can be changed depending on weather conditions and unforeseen circumstances.

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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	
Do you have any health p	roblems or allergies we	should know about?	

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)