



Covid 19 Health and Safety

- At all our project locations and accommodation, we will strictly follow the governmental guidelines regarding social distancing, regular disinfecting, wearing of face masks and quarantine requirements for both staff and volunteers. These governmental policies and guidelines are always leading before the TGL and TRU Experience Covid-19 policy.
- Symptomatic individuals will be isolated from others in accordance with local regulations and WHO guidelines. If symptoms persist or are of concern, individuals will be assisted in contacting a healthcare provider for testing, advice and/or treatment. Temperatures will be checked daily.
- TRU Experience Travel partner The Green Lion will provide accommodation should any of our volunteers (if not mandatory provided by the local government) test positive on or after arrival into the country. Volunteers will however be required to self-isolate for 14 days until they test negative before participating on any of our placements.
- All volunteers traveling abroad must be tested for Covid-19 within 72 hours prior to travel, where this is possible in their locality. Some governments require Pre-Travel testing from travellers within 48 hours of boarding their first flight. We're asking volunteers to present a medical certificate on arrival at the program to verify they have not tested positive for Covid-19, but this may also be a mandatory government requirement in order to enter their country.
- During orientation, each volunteer will be provided information about Covid-19 symptoms, local health facilities, and how to minimize possible infection.
- Increased frequency and depth of cleaning practices is taking place in both accommodation and placement locations.
- Antibacterial spray/wipes are present at all placements with surfaces wiped between volunteer shifts and individual/group changeovers.
- Alcohol-based hand sanitizers will be available at project sites and at the program base.
- We are asking volunteers to maintain a greater physical distance from one another in accommodation and placements.
- Naturally, volunteers will need to also take additional personal responsibility for their own health and the safety of others. Examples may include greater physical separation between volunteers in accommodation and placements and social distance enforcements.



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