Nepal Road Trip (4 Weeks)

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Project overview

What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

This is one of our most popular routes, which allows you to fully immerse yourself in Nepal’s culture, communities, cuisine and countryside over a whole month! Don’t forget, your programme coordinator is always on-hand throughout your trip to help you, so, if there’s anything you need, just ask!

Schedule

Week 1

Day 1: Sunday

- Arrival
- Transfer to our centre
- Overnight stay at the centre in Kathmandu

Day 2: Monday

- Welcome ceremony
- Introduction to the programme
- Rituals and lesson on do’s and don’ts in Nepal
- Cross-cultural session

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- Overnight stay at the centre in Kathmandu

Day 3: Tuesday

- Nuts & Bolts
- Lesson on Nepalese language
- Orientation tour to Bouddhanath Temple
- Overnight stay at the centre in Kathmandu

Day 4: Wednesday

- Drive to Pharping
- Enjoy the ride along the amazing Nepalese landscape
- Arrive at the monastery
- Overnight stay in the monastery

Day 5: Thursday

- Pilgrimage tour in Pharping
- Explore Buddhist monasteries and sites in Pharping
- Overnight stay in a monastery

Day 6: Friday

- Hiking
- Drive back to Kathmandu
- Overnight stay at the centre in Kathmandu

Day 7: Saturday

- Free day to explore or relax
- Day of leisure in Kathmandu
- Time to explore the busiest city in Nepal
- Overnight stay at the centre in Kathmandu

Week 2

Day 8: Sunday

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- Free Day in Kathmandu

Day 9: Monday

- Bus ride to Trishuli river
- Water rafting in Trishuli river
- Overnight camping in Fishling

Day 10: Tuesday

- More adventure rafting today
- Drive to Chitwan
- Witness a Nepalese cultural dance
- Overnight stay in a resort in Chitwan

Day 11: Wednesday

- Jungle activities- safari and Jungle walk
- Visit to the elephant breeding centre
- Overnight stay in a resort in Chitwan

Day 12: Thursday

- Jungle activities in the morning- bird watching
- Drive to Lumbini – birth place of Lord Buddha
- Overnight stay at a guesthouse in Lumbini

Day 13: Friday

- Lumbini Tour
- Overnight stay at a guesthouse in Lumbini

Day 14: Saturday

- Drive to Pokhara
- Overnight stay at a guesthouse in Pokhara

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Week 3

Day 15: Sunday

- Day of leisure in Pokhara (Fee Time)
- Overnight stay at a guesthouse in Pokhara

Day 16: Monday

- Drive to Nayapul
- Trek to Ulleri
- Overnight stay at a tea house in Ulleri

Day 17: Tuesday

- Trek to Ghodepani (steps uphill)
- Overnight stay at a tea house in Ghodepani

Day 18: Wednesday

- Get up early in the morning to see the sunrise at Poon Hill
- Trek to Ghandruk
- Overnight stay at a tea house in Ghandruk

Day 19: Thursday

- Trek to Pothana
- Overnight stay at a tea house in Pothana

Day 20: Friday

- Trek to Phedi
- Drive to Pokhara
- Enjoy the massage
- Overnight stay at a Guest House in Pokhara

Day 21: Saturday

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- Drive Back to Kathmandu by tourist bus for 8 hours
- Overnight stay at the centre in Kathmandu

Week 4

Day 22: Sunday

Free time in kathmandu

Day 23: Monday

- Drive to Nagarkot
- Overnight stay at a Guesthouse in Nagarkot

Day 24: Tuesday

- Hike to Dhulikhel via Nala
- Overnight stay at a Guesthouse in Dhulikhel

Day 25: Wednesday

- Hike to Namobuddha
- Overnight stay at a Monastery in Namobuddha

Day 26: Thursday

- Day of leisure in Monastery
- Overnight stay at a Monastery in Namobuddha

Day 27: Friday

- Hike to Panauti
- Drive back to Kathmandu
- Overnight stay at the centre in Kathmandu

Day 28: Saturday

- Say goodbye to the local team
- Departure

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What is included in the Programme

- Airport transfers as per the policy – Airport Pickup in Kathmandu – Tribhuvan International Airport
- Experienced programme coordinator throughout your travel, at the projects and facilities
- Authentic Nepali and European meals (breakfast, lunch, dinner) for the duration of the entire programme
- Accommodation at hotels, tea houses and centre
- Local transportation to all venues
- Entry fees to all places
- Pre-departure information
- Overland local public transportation

Exclusions

- Personal expenses such as table drinks, room service items, laundry, telephone calls, tips, bottles of water during your road travel etc.
- Our program does not cover any liability and does not insure participants. Participants must have appropriate insurance before joining the program.
- Any camera fee where applicable.
- Any service not specified above.

A few things to consider when you are with us!

- Returning to the accommodation after your personal trips before 22.00 every day
- You will not be allowed to hire any vehicle on your own
- Consumption of alcohol inside the accommodation is strictly prohibited
  Respect and adhere to our code of conduct
- Our staff is there to support you, guide you and make your trip memorable. We kindly request you to follow their instructions at all times

Please Note: this schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	| Male | Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)