



Volunteer PE Teacher in Costa Rica

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Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.truexperiencetravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

Email: travel@truexperiencetravel.co.uk

4 Wyndham Avenue, High Wycombe, Buckinghamshire, UK HP13 5EP

Page 1/4



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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

During your Volunteer PE Teacher project in Costa Rica, you will be organising and balancing a range of classes. With some schools, you may have some say in what classes you prefer to teach. However, you should be flexible and be prepared to teach 3-6 hours a day.

Mandatory Orientation Day

On the Monday of your first week as a Volunteer PE Teacher in Costa Rica, you will join our orientation day, to get accustomed to your local surroundings as well as local culture. Your programme will continue as usual from Tuesday onward throughout the rest of the week.

Orientation Day Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Costa Rican Do's and Don'ts, Costa Rican Culture Lessons and Spanish Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary
- Lunch
- Introduction to the project site, and start participating on the project (if possible).



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Weekly Schedule

Monday to Friday

Each day will depend on the classes and schools you are working with, as well as activities you may be taking part in. However, your schedule will be from 08:00 in the morning until just after 16:30, with lunch and breaks at regular times.

Evenings and Weekends

Your evenings and weekends are free to do as you wish. There's plenty to see locally after your day of volunteering! Many of our volunteers plan group outings together at the weekends, or simply hang back at the accommodation and get to know each other in the evenings.

Places to Visit

Esparza and Puntarenas have plenty to offer for weekend activities, including horse riding, watersports (surf is huge), game fishing, canopy tours, hotels to suit all budgets, and some of the best scenery in the world. Puntarenas is also ideally suited to take a scenic ferry to the Nicoya Peninsula and its many secluded beaches. Further, Esparza is on the Panamerican Highway, so access to the rest of Costa Rica and the rest of the American continent is at your doorstep!

Please Note:

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen events.

Further, when confirming your dates please take note of the long holidays (late Dec to early Feb) and the other Public Holidays in the Holidays section which schools may take advantage of. During such times, renovation work continues, with the option to join special classes and English camps when requested by the local community.



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)