



# Medical Outreach Volunteer in Cambodia

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

As a Medical Outreach Volunteer in Cambodia, you will teach basic healthcare concepts, so ensure that you come prepared to teach class and answer questions!

The standard schedule for the Medical Outreach Project has you working Monday to Friday, with the last Thursday of the month off. It is worth remembering though, that changes can sometimes be made, and a full-time project coordinator is on hand to cooperate with you to maintain as flexible a timetable as possible.

## Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to familiarise yourself with the surroundings as well as the local culture. Your programme will continue as usual from Tuesday onward throughout the rest of the week.

## Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Khmer Do's and Don'ts, Khmer Culture Lessons and Khmer Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.



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- Lunch
- Introduction to the Project, Project site and start participating on the project.

## Tuesday to Friday

Your workday will be from 08:00 - 17:00, with a lunch break at around 11:00. Daily tasks can differ drastically from week to week during the course of this programme, so a degree of flexibility is needed! During your programme, you will work with your project coordinator to develop lessons for students, so you'll have plenty of support if teaching is new to you! Further, you will also have the opportunity to introduce elements of your own health care knowledge, using creative means to engage with your audience.

## Evenings and Weekends

At the end of a day on this Medical Outreach Volunteer project, you can choose to explore the area or simply relax with new friends back at your accommodation. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures together!

**Please note:** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## Transportation

From this location we provide free transport to your next program at the following location(s):

- Siem Reap
- Kampot
- Banteay Chhmar

## Places to Visit

Nearby, you'll find a park where you can relax or play volleyball with locals during your free time. Further, bikes are available at our centre which you can use to explore your surroundings and get about.

Further away is Siem Reap, which is two hours away from the accommodation. Our volunteers often head there at the weekends to explore the famous Angkor Wat, zip-wire through rainforest canopies, discover breathtaking waterfalls and do a little trekking!



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)