



Village Healthcare Volunteer in Palawan Philippines

<https://www.truexperiencetravel.co.uk/wp-content/uploads/2018/10/headerBanner.jpg>

Project overview

Specifically designed with medical professionals in mind, this project gives you the opportunity to volunteer your time to help poor communities. Based in the most rural areas of Palawan, it aims to ease the strain of understaffed healthcare centres and hospitals while enabling participants to exchange knowledge and experiences with local medical staff.

Living away from the cities, the people living in the rural areas do not have access to the bigger hospitals in the Philippines and so they attend the local centres for treatments. All participants need a medical background to be considered for a placement as the work is hands-on at both the health centres and hospitals.

The role you take on will be dependent on your experience but will be active and responsive to patients' and the centre's needs. You will work alongside a qualified local doctor and nurses, learning their routines and procedures and assisting them in the day-to-day running of the centre. There will also be opportunities to raise health awareness among the children of Palawan by working at the local school.

Activities that you could join depending on the need during your stay:

- Working in hospital/healthcare centre or in school
- Shadowing, observing and assisting in a village healthcare clinic.
- Shadowing, observing and assisting in a local hospital
- Feeding malnourished children
- Providing health care lessons in local schools
- Medical knowledge exchange with local doctors
- Visiting the elderly and sick in local villages.

Please be advised that even though the digital copy is being submitted, all participants



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should also bring a hard copy of their CV/Resume and Criminal Background Check with them, to be presented to their placement coordinator when they arrive.





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What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights

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Page 3/8



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- Travel insurance
- Vaccination
- Visa

Project itinerary

After enjoying a breakfast at the accommodation centre, you will travel to your place of work. This could be a hospital, local health centre or a local school. Once at the location, you will carry out your allocated duties, whether they involve assessing, diagnosing and treating patients, assisting in the day-to-day running of the centre or educating the local children about health related issues. A lunch break will be taken on site around midday and in the evening, you will return to the centre for dinner and to have time to unwind.

Monday

- Breakfast
- Volunteer on the project 2-3 hours
- Lunch
- Volunteer on the project 2 hours
- Dinner
- Free Time

Tuesday

- Breakfast
- Volunteer on the project 2-3 hours
- Lunch
- Volunteer on the project 2 hours
- Dinner

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Page 4/8



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- Free Time

Wednesday

- Breakfast
- Volunteer on the project 2-3 hours
- Lunch
- Volunteer on the project 2 hours
- Dinner
- Free Time

Thursday

- Breakfast
- Volunteer on the project 2-3 hours
- Lunch
- Volunteer on the project 2 hours
- Dinner
- Free Time

Friday

- Breakfast
- Volunteer on the project 2-3 hours
- Lunch
- Volunteer on the project 2 hours
- Dinner
- Free Time

Saturday & Sunday

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Free time to explore Philippines ?

**** Please note: This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances. ****



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

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- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)