



## Village Experience Trek Nepal

<https://www.truexperiencetravel.co.uk/wp-content/uploads/2018/10/headerBanner.jpg>

### Project overview

Perhaps the Himalayan mountains have always captured your imagination, or you're curious about the Nepalese culture and lifestyle? Participating in the Village Trek will satisfy both these interests, exceeding your expectations in the beauty and wonders you will experience!

During a week of trekking, you will be taken through numerous villages allowing you to experience the culture and lifestyle of the locals. Keeping your adventure as true to real life as possible, you will venture through rice fields, stay with villagers at their own homes, try out some traditional cuisine, immerse yourself fully into their lives and hopefully pick up some useful words and phrases along the way!

Different from any other trek you will find, this is perfect for you if you really want to experience authentic Nepali culture and lifestyle. The routes followed to the villages are very rarely, if at all, visited by tourists to the area. All this while also experiencing the stunningly dramatic views of the Himalayas!



Travel Round the Unseen

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### What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

### What's not included:

- Airport drop off
- Flights

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- Travel insurance
- Vaccination
- Visa

### Project itinerary

#### Monday

Beginning with an hour drive to Sakhu, an old Newari settlement, you will have a chance to begin to take in some of the spectacular scenery of your new location. Having lunch in Sakhu, you will then begin your trek by walking for 3 hours to Kartike and onwards to Nagarkot. If you're lucky and the skies are clear, you will witness outstanding views of the magnificent Himalayas! Nagarkot has the potential to offer unrestricted views of the mountain range, spanning from Annapurna in the West to the famous Mount Everest in the East.

#### Tuesday

Leaving Nagarkot, you will be trekking for roughly 5 hours to Dhulikhel. Dhulikhel, like Sakhu, is an old Newari settlement but is also one of the most popular places to view the Himalayas. Standing on the edge of a ridge, as you pan across the scene in front of you the peaks of Langtang Lirung, Dorje Lakpa, Gauri Shankar, Melungtse and Numbur rise magnificently from the East.

#### Wednesday

A 5 hour trek takes you through Namobuddha to Dapcha. As its name suggests, Namobuddha has a historical connection with Buddhism and is one of the most sacred sites in Nepal for Buddhist pilgrimages.

#### Thursday

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Making your way to Mate on a 6 hour trek that takes you through Ambode, you'll find the village of Mate to be everything you imagined of a Tamang Village. Not a lot is known about the history of the Tamang people but they are believed to be among the oldest settlers in the Himalayan region. You will have a chance to meet them and learn something about their culture and lifestyle during your stay.

### Friday

Your trek will take you to Sipali where you will travel by bus through Banepa to Kathmandu. For the last time on your trip, make sure you take the opportunity to catch a glimpse of the awesome mountain scenery.

***Please note: This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.***



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### APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


**To complete your placement we will require the following:**

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- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)