Culture Week in Uganda

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Project overview

What's included:

- 24/7 support in case of emergencies
- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

The Uganda Cultural Immersion Program is designed for those who want to experience the country beyond the surface. From learning Swahili and Luganda phrases to cooking local dishes, visiting community elders, and exploring Lake Victoria, your week will be filled with meaningful encounters and hands-on activities. You'll connect with Ugandan traditions, meet locals, and come away with a deeper understanding of daily life in this vibrant country.

Mandatory Orientation Day

On the Monday of your first week, you will join our orientation day to become acquainted with your new surroundings and Ugandan culture. From Tuesday onward, your program will continue as usual.

Your orientation includes:

- House rules, expectations, and handling of documents

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- Ugandan dos and don’ts, cultural introduction, and history
- Basic Swahili language lesson
- A guided tour of the compound and local neighborhood, including nearby shops and how to get a SIM card
- Continued familiarization with the area in the afternoon
- Special welcome dinner in the evening

Weekly Schedule

Monday – Orientation

- Introduction meeting: house rules, setting expectations, health and safety, and document handling
- Ugandan culture session: do’s and don’ts, country history
- Luganda and Swahili language lessons
- Walking tour of the local area to locate shops and arrange a SIM card if needed
- Dinner at the accommodation

Tuesday – Nature & Lake Victoria

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- Morning visit to the Botanical Gardens
- Wildlife Conservation Education Center
- Lunch at a local restaurant in town
- Afternoon at Lake Victoria for relaxation and exploration

Wednesday – Cultural Sites

- Morning visits to a local museum and a royal palace
- Stop for lunch in between visits
- Afternoon exploration of other significant cultural sites
- Evening free time before dinner

Thursday – Community & Cooking

- Morning visit to meet local community elders
- Shop at the weekly market for ingredients
- Lunch and short rest period
- Afternoon cooking class to prepare a traditional Ugandan meal

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- Dinner featuring the dish you created

Friday – Projects & Crafts

- Program discussion and overview of ongoing community projects
- Morning visits to local volunteer placements and initiatives
- Lunch break
- Afternoon Ugandan handicraft-making class
- Dinner and closing reflections

Note: This schedule is flexible and may be adapted depending on local conditions, weather, and project needs.

Evenings and Weekends

Evenings are free to relax, prepare for the next day's lessons, or spend time with fellow participants. Weekends provide the perfect opportunity to explore Uganda's beauty, from bustling markets and cultural sites to nature reserves and wildlife encounters.

Places to Visit

Your accommodation in Kajjansi (located between Kampala and Entebbe) offers easy access to both city life and natural escapes. Highlights nearby include:

- Entebbe Botanical Gardens (35 minutes) – Lakeside gardens perfect for birdwatching and spotting monkeys.

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- Lake Victoria (30 minutes) – Africa's largest lake, ideal for boat rides, sunsets, and fishing trips.
- Kampala City (45 minutes) – Explore Uganda's capital with its vibrant markets, craft villages, and cultural sites.
- Uganda Wildlife Education Centre (35 minutes) – A conservation and education hub with rescued wildlife.
- Mabamba Swamp (1 hour) – Famous for birdwatching, especially the rare shoebill stork.
- Ndere Cultural Centre (1 hour) – Enjoy traditional Ugandan music, dance, and storytelling performances.
- Zika Forest (30 minutes) – A small but rich forest reserve for nature walks and research history.
- Sezibwa Falls (1 hour) – A cultural and spiritual site with waterfalls and scenic views.
- Jinja (2.5 hours) – For a weekend trip, discover the source of the Nile and try adventure activities like white-water rafting.

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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	| Male | Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)