



Sports Education Volunteer Uganda

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Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.truexperiencetravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

Your week as a Sports Education Volunteer in Uganda will be busy - so make the most of your Sunday arrival and get refreshed for an exciting week ahead!

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to learn about your surroundings as well as local culture. Your programme will continue as usual from Tuesday onward throughout the rest of the week.

Orientation Schedule

- After breakfast, we will have an Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Ugandan Do's and Don'ts, Culture introduction and country history and Swahili Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- After lunch, continue with the tour around the area and get familiarised with the surroundings.
- In the evening, you'll have a special dinner to welcome you to Uganda!



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Weekly Schedule

You will volunteer for 4-5 hours per day at the Sports Education project. Below is what a typical day might look like:

Tuesday to Friday

- Breakfast
- Sports Education Volunteering
- Lunch
- Sports Education Volunteering
- Preparation time for the next day/ Free Time
- Dinner

Please note: This schedule can be changed depending on weather conditions and unforeseen circumstances.



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APPLICATION FORM

| | | | |
|-----------------------------------------------------|---------------|------------------------------------------|--|
| | | Booking ref: | |
| Fullname | | | |
| Nationality | | Passport number | |
| Age | Male Female | Date of birth | |
| e-mail address | | Phone number | |
| Flight Details | | Home address | |
| Contact person at home (In case of an emergency) | | Contact number (In case of an emergency) | |

Do you have any health problems or allergies we should know about?

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To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)