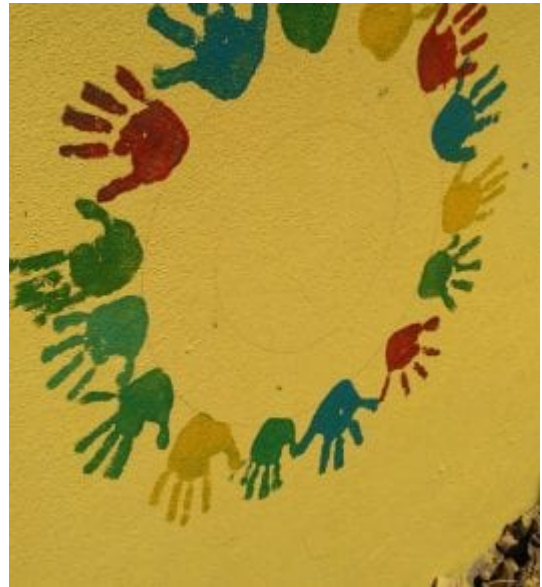




# Construction & Renovation Volunteer Kenya

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

As a Construction and Renovation Volunteer, you will be well supported by our local coordinator who ensure that you are safe and happy during your time here. This programme is hard work, so only consider volunteering on this project if you are happy to get your hands dirty and do some grafting!

## Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day to learn about your surroundings and local culture. Thereafter, your program will continue as usual from Tuesday throughout the rest of the week.

## Orientation Day Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Kenyan Do's and Don'ts, Culture introduction and country history and Swahili Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Trip to Nakuru town where you can buy essentials if required



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## Weekly Schedule

### Monday

- Breakfast
- Introduction
- Lunch
- Introduction
- Dinner

### Tuesday to Friday

After breakfast, you will head off to the construction project; this will mainly be at local people's houses and local community facilities. There you will be briefed on your tasks by our coordinator about the day's project. Expect to do construction and renovation work at the project location for 4-5 hours per day with a lunch break in between. Lunch can be had at an appropriate facility near the project site.

- Breakfast
- Construction and Restoration Volunteer programme
- Lunch
- Construction and Restoration Volunteer programme
- Dinner

### Please note

This schedule can be changed depending on weather conditions and unforeseen circumstances.

## Evenings and Weekends

After a day of child care volunteering, you can choose to explore the area or head further afield on the weekends. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures as they go!

## Places to Visit

Whether you are into people and cultures, hills or wildlife, there's something for you here! For



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example, you can visit the Thompson Falls in Nyahururu, go hiking in Hyrax hills, or at the famous Menengai crater. Further, there are the Equator Springs at Gwa Kungu to marvel at, or a visit Lake Nakuru National Park and Lake Naivasha where you can simply enjoy taking in the beautiful Kenyan countryside.



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)