



# Women Empowerment Volunteer

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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Visit: <https://www.truexperientctravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

Email: [travel@truexperientctravel.co.uk](mailto:travel@truexperientctravel.co.uk)

4 Wyndham Avenue, High Wycombe, Buckinghamshire, UK HP13 5EP

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## Project itinerary

As a Women Empowerment Volunteer, you will prepare and deliver around four to five lessons per week to local women's groups through the networks provided by a local Community Based Organization (CBO). The daily routine will be anywhere from 4-6 hours and may include travel to different village sites where you will be engaging with the community women to share knowledge and even learn how they manage their day to day tasks.

## Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day to learn about your surroundings and local culture. Thereafter, your program will continue as usual from Tuesday throughout the rest of the week.

## Orientation Day Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Kenyan Do's and Don'ts, Culture introduction and country history and Swahili Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.



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- Lunch
- Trip to Nakuru town where you can buy essentials if required

## Weekly Schedule

### Monday

- Breakfast
- Introduction
- Lunch
- Introduction
- Dinner

### Tuesday to Friday

- Breakfast
- Women Empowerment Volunteer programme
- Lunch
- Women Empowerment Volunteer programme
- Dinner

## Evenings and Weekends

After a day of volunteering, you can choose to explore the area or head further afield on the weekends. Many of our volunteers enjoy mixing with their new volunteer friends during the week and plan their weekend adventures as they go!

### Please note

This schedule can be changed depending on weather conditions and unforeseen circumstances.



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)