



# Community Volunteer in Goa India

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## Project overview



### What's included:

- 24/7 support in case of emergencies

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- Accommodation
- Airport Pick up
- English speaking coordinator
- Meals
- Orientation

## **What's not included:**

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

## **Project itinerary**

### **WOMEN'S SHELTER PROJECT**

#### **Who the Project serves:**

Women are strong pillars in families but due to circumstances or situations sometimes they are abandoned, are caught in petty crimes, premarital pregnancy, domestic violence where they get stressed and become mentally unstable. Women or girls who have experienced such situations in their lives are sheltered in this home, which tries to empower them to be independent.

This project cares for women and young girls from broken families. There are 10 children and 20 women on an average age between 4 to 30 years old. You will teach the girls English in fun and interesting ways. You will also play games to provide both physical exercise and relaxation as some of them have become demoralised and really relish spending time engaged in activities. The cultural exchange and interaction provide the girls/women with much-needed confidence and exposure.

#### **Working Days and Hours: Monday - Friday (9:00 - 12:00)**

#### **Project Purpose:**

- To empower the women or girls back on their feet
- To spread awareness about different issues.
- To educate women in vocational training.
- To give the women a sense of relief.
- To teach them English.



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- To provide physical exercise.

## Participant Skills Required

- Patience
- You must adapt to their culture while you are with them.
- You must be organised
- You should find out new methods of teaching for the children.
- You should be an active person.
- You should be able to work as a Team and be cooperative with the local coordinator and other participants

## Project Activities

Play games to provide both physical exercise and relaxation as some of them have become demoralised and really relish spending time engaged in activities

- Teach Art and craft
- Vocational training
- Talking and interacting to the women

## WOMEN EMPOWERMENT PROJECT

### Who the Project serves:

We have recently started the "Women Empowerment Program". The objective of this program is to make the women help themselves, to stand on their own feet and also to support their families. This program also empowers women in various ways such as financially (beginning), mentally and physically. The targeted women are from financially low background families residing in Aldona village, most of them were housewives and some were from farming communities who work in large agricultural farms during the harvesting season. We aim at teaching them skills (vocational training) so that they can be financially stable.

This project started by making simple commercial items such as candles. We provide the women group with space, machinery and raw materials at our Outreach Centre. The women participate actively along with our participants who help them and also give innovative ideas and have started making candles and now with much training and practice, they now can prepare candles of different shapes, colours, and scented candles to trade.

## Working Days and Hours: Working every Monday to Friday 10:00 to 12:00



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## Project Purpose:

- To improve the quality of life of the women and their families
- To give training material for women.
- To inspire them
- To provide vocational training. Throughout the year there are various courses being conducted such as baking course, honey harvesting, tailoring, computer skills

## HOME FOR THE AGED (Elderly Care)

### Who the Project serves:

With modernisation, people are at a race for achievements, which puts the concept of the nuclear family only in focus. The concept of the extended family is diminishing. When the grown children in the family are pursuing their dream job and leave their family behind, there is no one to take care or look after the parents. Then they are placed in an Elders care home.

Our participants visit the old aged home and make them feel less lonely. They spend time with them talking, playing games, colouring and doing exercises with them. Just a visit from us makes them smile again as they have someone to spend some time with them. Someone to listen or talk to is all that they need sometimes.

### Working Hours of the organisation: Monday to Friday 09.30 to 1200

#### Project Purpose:

- To be a part of their happiness and sadness.
- To engage them in different activities.
- To play games and entertain
- To care for residents
- Be that ear to listen
- Read to them and interact



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## APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male   Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?


### To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)