



Cultural Introduction Experience in Rajasthan India

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Project overview



What's included:

- 24/7 support in case of emergencies

Visit: <https://www.trueexperientctravel.co.uk> - Call us on: +44 (0) 1494 526163 or +44 (0) 7951 536023

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- Accommodation
- Airport Pick up
- Meals
- Orientation
- Project coordinator

What's not included:

- Airport drop off
- Flights
- Travel insurance
- Vaccination
- Visa

Project itinerary

The purpose of this program is to help you get an understanding of the manners, norms, and etiquette that is inherent in Indian society as well as show you around and introduce you to your new surroundings.

Monday

- 7:00 – 8:00 Breakfast
- 9:30: 12:15 Overview of program cultural shock. Introduction to India including culture, caste system and religions in general (PowerPoint presentation). including Do's and Don'ts (House Rules). Local language class at the centre.
- 13.00 – 14:00 Lunch at the Centre
- 15.00 – 20:00 City Centre , Visiting city place, a famous temple, and a local dance performance. After this a visit to the local markets
- 20.20 – 20:50 Dinner at the Centre and Introduction to your project.

Tuesday

- 7:00 – 8:00 Yoga
- 8:30 – 9:00 Breakfast at the centre
- 09:30 – 12:30 Hindi Language Lesson (Alphabets, sentences, phrases, names of fruits and vegetables, numbers). A short break to learn making Indian Chai (tea)



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- 13:00 – 14:00 Lunch at the Centre
- 15:00 – 18:00 Go on an a heritage walk in the old city of Udaipur then visit a Rajasthani Art School to learn traditional painting
- 18:30 – 19:15 Dinner at the Centre
- 19:30 – 20:30 Workshop introducing previous participants to new participants

Wednesday

- 8:00 – 8:45 Breakfast at the Centre
- 9:00 -10:15 Visit a local vegetable Market & vegetable Shopping
- 10:30 – 12:45 Join a practical session of Indian Cooking
- 13:00 – 14:00 Lunch at the Centre
- 14:30 – 18:00 Visit Badi lake and Fatesagar Lake
- 18:30 – 19:15 Dinner at the Centre
- 19:30 on wards Enjoy a Bollywood movie at the Centre

Thursday

- 7:00 – 08:00 Yoga
- 8:00 – 08:45 Breakfast at the Centre
- 9:30 – 12:30 Bollywood dance
- 13:00 – 14:00 Lunch at the Centre
- 15:00 – 17:00 Go on a scenic boat ride in Lake Pichola and witness the panoramic city view of Udaipur from atop a hill
- 18.30 – 19:15 Dinner at the Centre

Friday

- 6:00 Today, will be an exciting day. Hop onto an Indian train to travel to the amazing town of Chittorgarh to witness the beautiful fort and temples.
- 8:30 Breakfast in Chittorgarh
- 9:00 Visit ancient monuments and temples
- 13:00 – 14:00 Authentic Rajasthani Lunch
- 14:30 – 16:00 Sightseeing
- 16:30 Depart to Udaipur
- 20:00 Dinner at the Centre



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Saturday & Sunday

Weekends are free for you to explore incredible India! ☐

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.



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APPLICATION FORM

		Booking ref:	
Fullname			
Nationality		Passport number	
Age	Male Female	Date of birth	
e-mail address		Phone number	
Flight Details		Home address	
Contact person at home (In case of an emergency)		Contact number (In case of an emergency)	

Do you have any health problems or allergies we should know about?

To complete your placement we will require the following:

- Copy of your passport
- CV
- Full flight itinerary
- Proof of travel insurance
- Consent to travel for young people over 17 but under 18 years old (see attached consent form attached)